

## WHO'S ON FIRST

FRESH JUICE | ORANGE OR GRAPEFRUIT 4  
SEASONAL FARM STAND FRUITS & BERRIES | BANANA BREAD & YOGURT 10  
LOW FAT YOGURT PARFAIT | HOUSE MADE GRANOLA | BERRIES | LOCAL HONEY 8  
BAKED FRESH IN THE MORNING (CHOOSE 2) | DANISH | ASSORTED MUFFINS | CROISSANT 7  
IRISH STEEL CUT OATMEAL | BROWN SUGAR | DRIED FRUITS | TOASTED ALMONDS 10  
ASSORTED COLD CEREALS 4 ADD SLICED BANANAS OR BERRIES 6

## LE MERIDIEN SIGNATURE BREAKFAST

POACHED EGGS & SMOKED TROUT | WILTED SPINACH | ROASTED BEET HASH | HOLLANDAISE 14  
BLUE CRAB OMELET | ROASTED SWEET CORN | SHITAKE MUSHROOMS | VA SHEEP'S MILK CHEESE | CORN MUFFIN | TOMATO JAM 14  
BUTTER CROISSANT | APPLEWOOD SMOKED BACON | LOCAL PEANUT BUTTER | APPLE SLAW | BERRY COMPOTE 12  
AMUSE TARTINE | VA HONEY HAM | SHARP CHEDDAR CHEESE | ROASTED APPLE JAM | SUNNY UP EGG | BERRY COMPOTE 13

## EXPRESS AMERICAN BREAKFAST 16

THREE CAGE FREE EGGS ANY STYLE | CHOOSE COUNTRY HAM, BACON, PORK OR CHICKEN SAUSAGE |  
BREAKFAST POTATOES | TOAST | YOUR CHOICE OF JUICE & FRESH BREWED ILLY COFFEE OR SELECTION OF TEAS

## CRACK UPS

*EGGS SERVED WITH BREAKFAST POTATOES, CHOICE OF WHITE, WHEAT, CINNAMON RAISIN, RYE, OR ENGLISH MUFFIN*

CAGE FREE EGGS ANY STYLE CHOICE OF BACON, PORK OR CHICKEN SAUSAGE 12  
MORNING OMELET OR EGG WHITE FRITTATA CHOOSE UP TO THREE 14  
MUSHROOMS | SPINACH | FRESH MIXED HERBS | BELL PEPPERS | ONIONS | TOMATOES | ASPARAGUS  
VERMONT CHEDDAR | FARM GOAT CHEESE | MOZZARELLA | SWISS | PROVOLONE  
COUNTRY HAM | SMOKED BACON | PORK OR CHICKEN SAUSAGE

## THE BIG SHOW

*PANCAKES & FRENCH TOAST SERVED WITH VERMONT MAPLE SYRUP OR LOCAL HONEY*

BUTTERMILK PANCAKES 12  
ADD FRESH BERRIES, BANANA OR CHOCOLATE CHIP 14  
CINNAMON Brioche FRENCH TOAST 13  
SMOKED MAIN SALMON | BAGEL | TRADITIONAL GARNISHES 14  
CLASSIC EGGS BENEDICT | CANADIAN HAM 14  
VEGGIE EGG BENEDICT | SPINACH | ONIONS | PEPPER | TOMATO | HOLLANDAISE 13  
SKIRT STEAK & EGGS | GRILLED TOMATO | BREAKFAST POTATOES 19

## SIDE IDEAS

BACON | HAM | PORK OR CHICKEN SAUSAGE 4  
ONE EGG | PREPARED YOUR WAY 2  
BREAKFAST POTATOES 4  
YOGURT | LOW FAT YOGURT 6  
GREEK YOGURT 7  
BAGEL | REGULAR OR LOW FAT CREAM CHEESE 4

## REFRESHMENTS

FRESH BREWED ILLY COFFEE 4  
ASSORTED TEAS 4  
WHOLE | 2% | SKIM MILK | SOY 4  
ESPRESSO | CAPPUCINO 6  
HOT CHOCOLATE WITH WHIPPED CREAM 4  
CRANBERRY | APPLE | V8 | PINEAPPLE | TOMATO JUICE 3  
DAMMANN ICED TEA 3

  
An Ingenious Establishment

